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HOME ARTS

JUNE 1936 NEEDLECRAFT TEN CENTS

Featured in this issue: Smart Apparel in Crochet and Embroidered Flannel -- Gingham Accessories for the Kitchen -- Gift Towels

MRS. ROBERT R. McCORMICK

of Chicago, Ill., international society leader, accomplished horsewoman and connoisseur of the arts, says of LISTERINE TOOTH PASTE:

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An informal snapshot of Mrs. McCormick on one of her many thoroughbreds.

The above great picture by Henri Rousseau is one of Mrs. McCormick's collection of modern art—considered one of the finest in the country.

The lovely terraced garden and pool on Mrs. McCormick's magnificent estate, Cantigny Farms, Wheaton, Ill.

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HOME ARTS NEEDLECRAFT

VOL. XXVII JUNE, 1936 NO. 10

HERE comes the bride! To the strains of Mendelssohn and to less classical music, yes, even to no music at all, will many weddings be solemnized this month. Home Arts is especially interested in the new bride who is to keep house for the first time. Where are the bride and groom who are not getting the greatest kick ever out of the idea of starting a home of their own? Also might we not ask with profit, why is it on this joyous occasion that shadows so seldom cloud the bright June skies?

Budgets always work better at the beginning of the month than at the end of the month. It is after one comes to know her mate too intimately that his faults begin to get on one's nerves. It is the unexpected idiosyncrasies on her part that first surprise her husband, then perhaps make him less and less aware of her perfections. How to keep the sunshine of bridal days forever shining in the new home is a very important question. Why not look back to courting days and to honeymoon days for the answer? New lovers are never over critical of one another. Young lovers easily forgive and forget. Not until the couple has actually settled down into the rut of married life do each begin to twit the other of his or her faults.

Let this, then, be the first resolution of the new June bride: "I will be slow to point out to my husband the things I do not like in him." If that lesson is well learned then it will be easy to study the ways and means of having him consciously or unconsciously adapt the same attitude toward you.

It is easy for poets and homely philosophers to bid us carry the honeymoon days into the closer companionship of later years. Also it is a bromide to say that is easier said than done. There are however a few vital rules which if followed will be more certain than any other course to bring success.

First let there be the sunshine always in your heart that there is at this moment. How keep one's heart full of sunshine and not be a Pollyanna? Ah! That is a personal problem for each to solve but it can be solved only by facing the fundamental fact that like breeds like, fault finding breeds fault finding, jealousy breeds jealousy, bad tempers breed bad tempers.

Now we have presented the black side of the picture named "Like breeds like." Let us turn to the bright side of the same picture. Smiles invite smiles, good nature repels angry responses, a generous nature is more often repaid in generosity than the reverse. A good housekeeper sets the best example for neatness and just so a bride who is determined to put petty avarice and mean ambitions behind her will leave her husband no incentive to repay her in any other coin.

Do not be afraid to let your husband know what your ideals, your aspirations, your hopes are. Tell him frankly, the while you seek to learn his. Your partnership will succeed only if conducted along the lines of mutual understanding first of all, then intelligent coöperation next and always. Nagging never got one anything permanent or worthwhile. It is good only for cheap expediency and you want nothing cheap in your married life.

Therefore let each one fervently admit, "It is up to me." Let each study her own idiosyncrasies rather than those of her mate. Let this be your second resolution, "Nothing shall take away my peace of mind."

And what goes for the brides goes for the grooms who happen to read this page, and goes doubly because perhaps the grooms doubly deserve it.

NEWS FLASHES—From a Needle-Minded New Yorker

SHOPS look like flower gardens with their huge baskets of corsages and boutonnieres. The frilly neckwear counters are like long slim beds of bridal wreath or baby's breath. Without question this is the frilliest, floweriest summer we have had since the days of the original Gibson girl.

The first floors of the smart shops are gay with accessories, and since veils, bags and gloves are all so colorful, they contribute their part to the flower garden effect.

Every smart shop has made preparations to be of very real help to the happy brides of the spring and summer. I always feel that the graduates benefit from displays of bridal apparel because they can get so many excellent suggestions for their graduation outfits.

AND all the things for the bride and her allies are not in white. For example, the things shown on this page: Let us start at the top and go down. Every smart shop I have been in had camisoles and taffeta petticoats on display, invariably on the first floor. The camisole at the extreme top is right for the V-neck frocks. It may be made of lawn or crepe with a serpentine lace trim. A casing enclosing a narrow elastic finishes the waistline. The second camisole is of two thicknesses of cotton net with narrow casing at top and bottom and ribbon shoulder straps.

Three types of taffeta petticoats are shown here — the pastel ground flower print with gathered bias ruffle; the plain pastel taffeta with five rows of gathered white Val lace; and the taffeta in a dark color. They are often shown in plaids or checks with a narrow plaited ruffle of self material. They are cut two gore, have a placket at the left side, and a one-half inch bias facing at the waistline.

I SHOW four negligees, dressing gowns or morning robes, whatever name you prefer to identify yours by. The top one is a gloriously gay plaid gingham with piqué trimming and a very full skirt. The skirt, as in the printed one, may be dress length and the garment worn as a smock or morning dress.

Dotted swiss is right in front in fabrics and can be had with dots in all the pastel colors as well as in bright red, blue, orange and green. Narrow bias-binding put on the French way makes a substantial finish for the ruffled sleeves and ties — cool, crisp and becoming for any woman — be she bride, mother or grandmother.

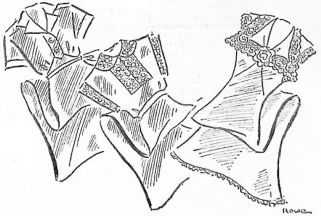
Printed chintz or percale makes the lovely flowered robe which could easily be a garden frock if skirt was cut shorter. Crystal ball buttons to match the color of the print fasten the front with loops of bias. The skirt is circular with a seam on each side. The sleeves are gathered into plain bands of the material.

Sturdy cotton net in peach color makes the lovely hostess gown at the lower left. Two-inch bands of shirred net form the trimming. This is ideal for wear over a printed slip.

Slips with ruffles are seen everywhere. These are ideal for print dresses that have flared skirts. Slips for tub suits have a slit at the center front, as the one illustrated shows.

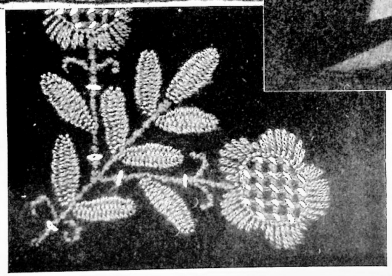
THREE of the favored night dresses are illustrated. The strictly tailored one may be made of silk or fine muslin. I saw some lovely ones in unbleached muslin, some piped in coral, and some in blue bonnet blue. The lace-collared one, with insets in the front yoke and arm bands, has a bias circular skirt and waist joined under a belt.

These gowns are made in silk, georgette or net and are very gay and expensive. Many silk ones are of print done in pastel colorings. The gown with the revers could easily be cut from an evening dress design because it follows the body lines so perfectly. Many of the lace trimmed nighties have lace or a bias ruffle at the bottom. The revers collar with the favored V-neck is a revived note in night dresses and promises a long run of popularity.



For Cool Days in Midsummer — the Casual Coat of Flannel — Handmade and with Yarn Embroidery

BY CHRISTINE FERRY
AND MILDRED MOWLL



No. 36 - G - 1 No. 36 - G - 2

For Summer Sport Wear

Described on page 11

Crochet Yourself This Lacy Frock

THIS simple one-piece frock (No. 102 K) is done in what is familiarly known as "crazy" stitch, a shell design which works back and forth in rows, and may be made to fit any figure by following individual measurements and the outlines of a good cutting design.

The skirt is done in one piece, starting with a foundation chain of the proper length at the waistline, and is then joined to leave a short placket opening on one side between hip and waist.

The blouse works upward from the foundation chain in two parts to form a back and front with sleeve extensions, which are then joined up the sides and underarms and from the neck outward to the sleeve edges, the placket opening being extended a little way up the side seams, as with any semi-fitted garment, and closed with snaps.

The sample below shows the design stitch, the method of starting the skirt on the foundation chain at the waistline and the indented appearance of the rows at the ends and along the outer edge. This thread is a little heavier than that recommended for the garment. For a lacy effect, use a medium size steel crochet-hook and work with a rather loose tension.

SKIRT — For the foundation make a chain length of waistline and a number of stitches divisible by 3, plus 1.

Chain 5, treble in 8th stitch from hook for 1st filet mesh, * chain 2, treble in 3d stitch, repeat from * across. Chain 5, turn and make a 2d row of meshes, working the trebles into the tops of the 1st row trebles and the last one into the 3d of 5 chain forming the 1st mesh.

Chain 3, 3 trebles in 1st mesh, * miss a mesh, 1 double crochet in next, (chain 3, 3 trebles) in same mesh with double. Repeat across.

Turn, slip-stitch across top of last 3 trebles, double in 3 chain, chain 3, 3 trebles in same 3 chain, double in next 3 chain loop, chain 3, 3 trebles in same loop. Repeat across.

Work back and forth in this manner for about four inches and then, to allow for hip and flare of skirt, increase one about every ten shells in next row. Work plain for about three inches and increase again every ten shells. From this point increase in same manner at four inch intervals until within five or six inches of bottom. These rows should be straight.

To increase: Work the extra shell in the double after the 3 chain in which the last shell was worked.

Enlargements must necessarily be made to fit the individual figure and the garment should be frequently tried on while in process.

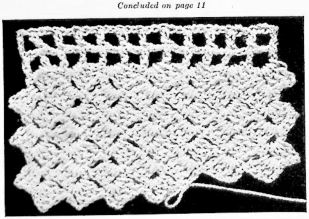
BLOUSE — For the back, starting at the waist, work a row of filet meshes halfway across the foundation and work the shell design back and forth, increasing only as necessary to fit the back up to the underarm. Then increase at each end for a few rows to shape.

At each side add a row of filet meshes worked on a foundation chain the desired length of the sleeve cap and continue the shell design back and forth to the neckline at the back.

Make the front in same manner as back, increasing as necessary in width for bust and making front two inches or more (as necessary) longer than the back at this point before adding the filet foundation at each side for the sleeves. Then continue straight across back and forth for sleeves and top of blouse front, making it about an inch deeper than the corresponding part of the back.

To take care of the extra length of front, after joining the underarm seam up to the point where the sleeve starts on the back, increase the width of the sleeve by

Concluded on page 11



DESIGNED BY COLUMBIA DI PERSIO

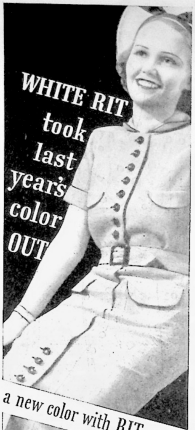
Crocheted dresses are smart this season whether made of dark or pastel color threads. The model is of a lovely coral tone. Size sixteen, skirt length thirty-two inches, requires about one and one-half pounds of a soft wool with silken thread, or same amount of a light-weight cotton material

No. 102 K

Patterns may be ordered from any Club-Raiser, or by mail, postpaid, from Home Arts — Needlecraft, Augusta, Maine, at prices listed on page 24

Summer Chic!

SUMMER arrives in gay prints and delightful plain fabrics more fascinating than ever, and smart styles that are to make and charming to wear. Model No. 9772, with pointed waistline and sun-ray darts, was cut with cottons with good effect; it is designed for 14 to 20 years, and to 42 inches bust-measure; size 16 will require 3⅝ yards of 35-inch fabric. A novelty silk or cotton weave for the button-up-the-side sports frock, No. 2604, it is designed for 12 to 20 years, and 30 to 40 inches bust-measure; size 16 will require 3¾ yards of 36-inch fabric. Choose a print for frock No. 2690; it is designed for 14 to 20 years, and 36 to 42 inches bust-measure; size 16 will require 5⅞ yards of 35-inch fabric. A rippling jabot and center-front skirt panel are slenderizing features of model No. 2686; it is designed for 16 to 20 years, and 34 to 44 inches bust-measure; size 36 will require 4¼ yards of 39-inch fabric. For the wee maid's party frock nothing could be sweeter than this beruffled model, No. 9770; it is designed for 2 to 10 years; size 6 will require 2⅛ yards of 36-inch fabric. Two buttons give smart accent to junior frock No. 9821; it is designed for 10 to 18 years; size 12 will require 2¼ yards of 39-inch fabric



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WHITE RIT

the harmless color remover

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HOW TO CHOOSE—

Colors and Styles Becoming to You

BY MARILYN MADISON

A cotton lace two-piece shirtwaist frock becoming to large or small figures. Smart and cool in white or pastels

Woven net tailored dress with organdy gilet and cuffs. The skirt is pleated in front and back. The jacket is fitted

A flattering frock and jacket that can be worn separately. Made of synthetic silk with contrasting collar and cuffs (Photograph courtesy of Singer Sewing Machine Co.)

Colorful liberty print makes this jacket blouse and skirt. Leather buttons and chiffon kerchief are used for trimming (Photograph courtesy of International Silk Guild)

THERE are a full half dozen silhouettes to choose from this summer, and colors in sufficient variety to insure flattering ensembles for each of us. We really can be "choosey" and have not only becoming clothes, but clothes that are really individual.

How? Put a full length mirror in a good light and eye yourself from tip to toe. Now take the tape measure and know your own measurements. If you are chubby, choose the short or raglan sleeves and the high necklines. If you are a wisp, choose the wide padded shoulders and full sleeves. If you are short waisted, wear your jackets short and loose. If you are slim, then button or belt them in. If slender, wear your skirts as full or as slim as you like. If you are stout, have enough fulness to be graceful when you sit and comfortable when you walk. If you are out for a good time this summer, without too much concern about your clothes, then choose the classically simple frocks, types of which are illustrated here.

WATCH your fabrics: This season's fabrics must have texture or pattern. There are beautiful novelty weaves in all fibers; lace and net have both texture and pattern, and in prints, you have an infinite variety to choose from. If you are smart enough to effect ultra smart fashions, and slender and tall enough to wear them, choose medium large pattern prints, otherwise the small all-overs are safest. But when you set out to buy prints this season, allow yourself time and see them all; be very exacting and find the one you can get excited about, also one that has a predominating color that you can use for your accessories. For example: if your eyes are blue, then no matter if fifteen or seventy, choose a print with the blue bonnet blue in it and have a veil at least, that ties up with that color, either in its mesh or dots. You might have hat, gloves and belt all in that color to match the blue in your print.

When color is rampant as this season, dress to your eyes, and you will be safe. "Flatter your eyes, and you will flatter yourself." Is something we should all remember more than we do. I saw a mannequin in a fashion show recently. She had a navy print dress with the predominating color arbutus pink. Her eyes were hazel, she wore navy shoes, arbutus pink hat with navy veil, arbutus pink gloves with navy bag. Very "standoutish" and oh, so becoming.

If you are a conservative of the first water, remember that at the seat of fashion (Paris) they have not been able to find anything smarter or more flattering than black and white, and we shall see more black with white accent and more white with black accent than ever before. Black hats and veils with white dots, white hats with black veils, and white dresses with black belts, bags and boutonnieres.

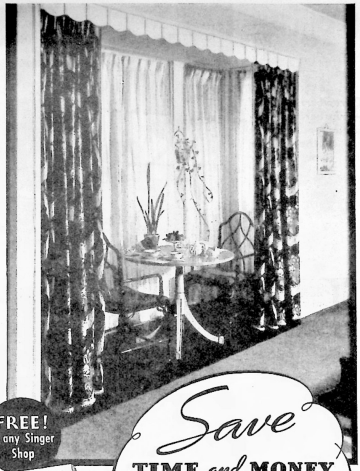
A WORD about belts and boutonnieres: Make your belt of the dress material unless you are slender, when you can wear a contrast. Shape your belt and interline it so it cannot wrinkle. Organdy, net and lace in white

Concluded on page 35

CAPELET sleeves, cool and smart, and center panel front and back are clever slenderizing features of summery model No. 2685. This attractive frock is designed in sizes for 16 to 20 years, and for 34 to 46 inches bust-measure. To make it in the 36-inch size will require 3¾ yards of 39-inch material. A silk print of rather fine figure would be a nice choice for this

MODEL No. 2654 uses raglan sleeves of an interesting zigzag cut, one-piece back and panel skirt front. Sheer, easy-to-wash cottons or the season's smart tub silks are ideal for this cool frock. It is designed in sizes for 14 to 20 years, and for 32 to 44 inches bust-measure. To make this charming model in the 16-year size will require 3¾ yards of 36-inch material

CHOOSE cotton crash, shirting or wash silks for the modish two-piece sports frock, No. 2617. It is of a youthful styling and as practical as it is good looking. It is designed in sizes for 12 to 20 years, and for 30 to 40 inches bust-measure. To make it in the 16-year size will require 4¼ yards of 36-inch material. Matching buckle and buttons give smart accent



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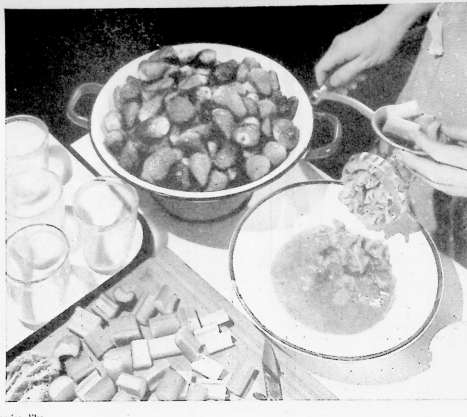

Strawberries and rhubarb are prepared for a quick trip to the jelly or the jam tumbler

Together or apart these two share with cherries the preserve maker's interest in June

Food Facts for Home Folks

Conducted by Anne Pierce

JUNE is a bewildering month — what you want to do is to take to the open road or just stand around kneedeep in clover and look or read a book under a tree or dig in the garden, but what you ought to do is to "put up" strawberries and rhubarb and cherries like mad before it is too late, and perhaps you have a wedding breakfast or supper on your hands, or a commencement supper dance, or children demanding picnic luncheons. However, gardening and canning and preserving go together, and lucky the woman who cans or preserves the fresh surplus of her own berry patch or vegetable garden. That is the perfect way to save a surplus right at the source, if it doesn't pay to get it to market. And perhaps you can sell some of your preserves in the winter time, or use them for Christmas presents, another way of beating the economic devil around the bush instead of "plowing under."

SPEAKING of gardens, at this writing the flower show in New York is on and it is a dream come true — to see a hundred or more perfect yellow Pernet roses in one vase; to see flagged curved walks bordered with huge blue delphiniums and white lilies with only a white dogwood, or a clump of white lilac or other low white flowering shrub or perhaps a white birch in the background. White and green, even in rock gardens, was featured this year and it is a perfect color scheme for tables and entertaining. The tulips flaunted all the colors as usual but even here the yellow and the white ones were especially beautiful and looked as though they might melt and run down so luscious were they in texture and color and size.

FOR contrast there were narcissus and grape hyacinths of an indescribable delicacy, a tiny white narcissus called Thalia grows in a cluster of three from the brown papery sheath as the starry narcissus does but looks like a miniature poeticus, with a deep cup, pointed fairy-like petals, and is pure white, without a spot of color. Amazing — like a visitant from another world. Anyway, let's have geraniums and ageratum and parsley, mint and chives in the kitchen windowbox, herb garden or in brave red pots — white glazed pots and saucers are quite the rage too, and get back to our pots and pans and preserving kettles. A cook with no poetry in her soul and no love of gardens in her heart is not well grounded in her art, and will never season things just right or cook with the loving wisdom that makes a fine art of a routine job.

"G-Women" Now Prepare to Raid Cherry Trees, Strawberry Bushes, Rhubarb and Pineapple Reserves, and Put Them in the "Can" for the Winter

THE June fruits and vegetables are certainly not Public Enemies except when they go to waste; then they cause great loss of money and health. All work has its technique. If you want to know the best methods for canning and preserving and jelly making, send for your copy of the Thumbnail Canning Directory which gives sources of printed information, and makers of canning equipment; and their addresses, as well as a detailed table of canning times and temperatures.

BE it oldfashioned open-kettle methods, the latest quirks in safe and speedy jelly and jam making, with short boiling and fruit pectin; canning in different ways, and the all important information as to where to get the best up-to-date appliances, racks, a complete fruit jar kit with holders, lifters and openers, jars with various seals or new rubber rings — you will find a directory to your needs in this little four page circular.

WRITE to Home Arts — Needlecraft, Augusta, Maine and send a stamped addressed envelope or a three cent stamp.

Strawberry Jam with Variations

PROBABLY there never will be a jam more in demand than strawberry — be it for layer cakes, toasted muffins and tea, to make tarts, or to use for sandwiches with or without cream cheese. It would be difficult to put up too much strawberry jam. You can jelly them, you may can them, though it needs care to keep them from fading and floating, but to what end? When they are so much easier and better captured, as a jam. Oldfashioned boiled down jam with two-thirds the weight of sugar; combinations of pineapple and strawberry and rhubarb; and whether you have a big supply or put up a few jars o' evenings after work by all means do some by the short boil method. Cherry jam comes under the same general comments.

So let us give a special thought to these two fruits. Why we always say "jelly cake" I can't imagine — a "jam cake" is much better, soaks in less and makes with a good frosting a rich fork cake for dessert and saves making a filling, or two layered and unfrosted, it is a perfect cake for the lunch box or to accompany frozen desserts. It is a good way to sample the jam and see if it is good — only be sure it doesn't get "sampled" away before winter comes.

THE "horse and buggy" type of jam calls for three-quarters of a pound of sugar to one of fruit, a few berries crushed to make a little juice and long simmering, two or three hours, and then filling hot into sterilized jars, that are tightly sealed, using new rubbers, or the new jar tops that carry their own rubber, or in small jars with the cellulose seals that when applied wet, shrink on drying and do their own sealing. Ideal for small glasses and jelly tumblers instead of paraffin. Cherries and strawberries lend themselves perfectly to any of these methods.

If you want a marmalade-like jam, made with electric speed by an up-to-the-minute method, then use the quick boil method with either the powdered or liquid fruit pectin which comes these days to ensure jellying (the amount of pectin in the fruits themselves is always a gamble, varying according to the degree of ripeness, etc.), and to cut down the time spent bending over a hot stove stirring and watching, from hours to minutes.

Directions will come with the fruit pectin as bought — the cherry, plain strawberry and rhubarb and strawberry are all timely. Dead ripe fruit may be used, affording excellent flavor, and if you follow the tested standardized directions *exactly* all will be well — but do not try to mix old and new methods. It cannot be done.

As a sample, here is a strawberry and rhubarb jam, for which the picture shows the preparation, made with the powdered fruit pectin.

Rhubarb Strawberry Jam

(*Quick Boil Method*)

¾ pound rhubarb	4½ cups (2 lbs.)
1 quart berries	sugar
1 box powdered fruit pectin	

The fruit should yield three cups or one and one-half pounds; correct amounts are important. Trim and finely slice (or grind) the unpeeled small rhubarb, retaining red skin. Crush the berries to a pulp and combine fruits. Measure prepared fruit into a five quart kettle and bring up to standard measure with water if amount is short. Place over a hot fire, add the powdered fruit pectin, mix and bring to a boil, stirring steadily with a wooden spoon. When it boils hard add the measured sugar (or weigh both ingredients). Continue stirring until you

Continued on page 13

For Summer Sport Wear

THE coats illustrated on page 5, take their cue from the loose-fitting peasant type garments that are so comfortable in hot weather and are so simple in outline that they may be easily regulated to suit individual measurements. The long white one has set-in raglan sleeves and the short one is cut in one piece — kimono style. Both are yarn embroidered, the edges are hand finished and the few seams are run up on the sewing machine.

THE width of the fifty-four inch flannel provides the width of the white coat (No. 36 - 6 - 2), and it may be made any length desired to suit the individual figure, measuring from the neck at the back to the bottom. Two yards of this material is ample for a coat length of forty-four inches and a sleeve twenty-eight inches long. One-quarter yard each of three contrasting colors — navy, sand and rust — are needed for the trimming bands and three balls of cream white cashmere yarn for the embroidery and edge finish.

Since the embroidery design meanders from one background color to another, the three strips must first be seamed together and pressed flat, so that the stitchery may be done continuously over the seaming. The coat band finishes a little less than twelve inches and the sleeve band is about nine inches wide.

All the stitchery is simple and should be spaced enough to show glimpses of the background. There is much double-back, or close herringbone stitch, Cretan or long-armed feather stitch, long and short buttonhole, and some of the smaller spaces are covered with herringbone stitch caught down at the intersections. Stems are done in knot stitch — a laid thread couched down at regular intervals with tiny buttonhole stitches as the thread is carried along the stem line.

To adjust the coat to the individual a few measurements are necessary — length from neck to edge at center back — raglan shoulder taken from the neck at shoulder line and around under the arm to allow an easy fit — sleeve length from same neck point to wrist — and an easy length. The length of the raglan seam will be one-half that of the measurement taken around under the arm as directed.

After cutting, while sleeve is still open, seam the embroidered band to the bottom, then stitch the underarm full length of both sleeve and band, turn up the band and fell down the upper edge by hand. The coat band is applied in the same way, clipping the front selvage at a point in line with the top of the band so that it may turn to finish inside the band and then turn under above it.

The top of the sleeve, which is cut six inches across, is made to fit the shoulder by taking a dart at the center and tapering it outward to suit. After stitching, this should be pressed flat. At the underarm a little shaping may be done by laying a dart slanting slightly to the front in the body of the coat and about six inches in length. These adjustments must be made after basting sleeves and body together. If the figure is quite full at the bust line, it may be necessary to lay an additional dart horizontally on each front at this point or to insert a small square on the diagonal into the underarm seam.

Having fitted the body of the coat, ease it into the collar — a straight band cut with the same edge on a fold of the goods. It will do no harm if the fronts are fulled in a little.

Finish edges all around with crochet, working groups of three singles at quarter inch intervals and about the same distance in from the edge. Use a No. 7 steel hook and work through the edge thicknesses from front to back.

For the frog — Cover a one-inch button mold with blue and another with the rust flannel. Take a double length of the cashmere yarn about two yards long and make a chain about five inches in length, slip-stitch down one side and close the ends. Fasten to back of button and catch together. Fasten to collar seam about one inch from front. Make a similar loop and attach to second button for other side.

ONE and one-half yards of the fifty-four inch flannel are required for the kimono jacket (No. 36 - 6 - 1). The material is folded crosswise the center, then front is slit midway to the fold. For the neck and revers the fold is then cut eight inches in each direction from the center. Then, starting two inches from the end of the horizontal slit, the adjacent edges are joined to form a dart, starting with a half inch seam and tapering to a point about four inches from the start. Press flat. This leaves six inches at the top of each front to fold back for revers.

To shape the sides and form the sleeves, rectangular sections are cut from the lower outer corners of the double fold, the size and shape governed by the individual hip measure, length to underarm and the width of sleeve desired. Cut in from side and bottom edges and across diagonally about two inches before point where the two lines would converge if extended.

The embroidery is done with two threads of crewel wools. There is a two-flower motif in each front corner, a similar one on the turn of each revers and a three-flower motif on each sleeve and at the bottom of the center back. The flowers are blanket-stitched with red, the centers covered with laid threads of bright blue caught down at intersections with pale corn yellow. Stems are laid in knot stitch with the same bright blue, crossed with a few stitches in yellow and the leaves are done in Cretan st.tch with a rather bright green.

Edges are fringed. Draw a thread about three-fourths inch in and machine-stitch with fine gauge. Then fringe back to the stitching. Adjust back to fit at neck by laying an inverted plait. Stitch across top and down each fold at center about one inch, then press to same line for another two inches.

Concluded from page 6

working back and forth in the shell design along the filet on the front sleeve, fastening the end shell each time into a corresponding row of the front until all have been taken in. Then finish closing the arm seam.

All seams and joinings should be done as inconspicuously as possible with the needle.

BELT — Make a chain four or five inches longer than waist measure and, working rather tightly, treble in 4th stitch from hook, chain 1, miss 1, treble in next across.

Chain 3, treble in 1st space, * chain 1, treble in next space. Repeat.

Work back and forth in this manner until there are four rows of meshes. Finish edges all around with double in each mesh. Fasten one end into a buckle.

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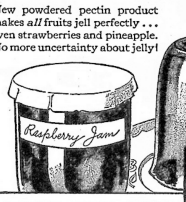

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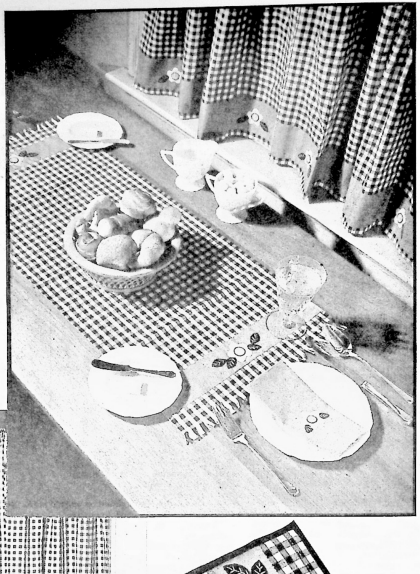
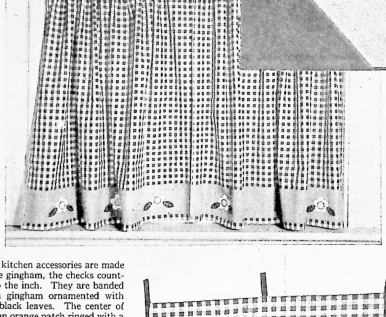
SURE-JELL IS A PRODUCT OF GENERAL FOODS

Gingham Accessories for the Kitchen

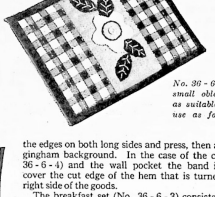
In either a wee city apartment, a breakfast nook in a suburban house, the kitchen of a beach bungalow or a log cabin lodge there is nothing smarter than gingham for kitchen furnishings

BY NANCY CARY
AND MARIE E. IVINS





No. 36 - 6 - 4. These curtains are made each length and drawn merely to show the placement of the decorative trim in relation to the edge. They may be made full length and used as side hangings or drawn to cover the window at night and are particularly nice for the short casement windows placed above a kitchen sink



No. 36 - 6 - 5. This small oblong pad is as suitable for table use as for a holder

THESE crisp looking kitchen accessories are made of black and white gingham, the checks counting about three to the inch. They are banded with a leaf green gingham ornamented with yellow flower patches and black leaves. The center of each flower is marked with an orange patch ringed with a small yellow circle done in outline and after being applied the patch is outlined with black. Leaf patches are veined with green in open chain or "fly" stitch, the catching-down stitches being about the same length as the wings.

It is simple stitchery, which takes only a little time to do, and the appliqué treatment is very dramatic.

This color scheme is one that is usable under most conditions. The black and white check looks well with walls of any color, the green bands are harmonious with almost any color except certain shades of blue and it is a simple matter to vary the color of the flowers to suit an individual preference. Breakfast china is always to be taken into consideration.

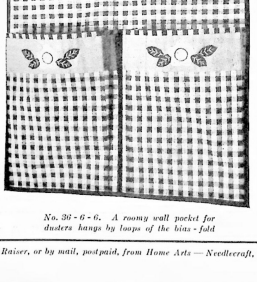
THE first step in the making of these accessories is to cut and apply the patches to the bands, which are strips cut two and three-fourths inches in width, one-fourth inch being allowed on each side for turning. First the leaves are placed and then the flowers, overlapping them to cover the stem ends. They should first be securely basted in place and then sewed neatly with self color. The embroidery is done with three threads of stranded floss.

The appliqué and embroidery having been done, turn the edges on both long sides and press, then apply to the gingham background. In the case of the curtains (No. 36 - 6 - 4) and the wall pocket the band is applied to cover the cut edge of the hem that is turned up on the right side of the goods.

The breakfast set (No. 36 - 6 - 3) consists of a runner that is cut sixteen by thirty-six inches, fringed at the ends and finished with a narrow hem along the sides. The napkins that accompany it are made of green gingham like that used for the bands. They are fringed and have a small flower patch motif placed at the center of one side a little way up from the edge.

The quilted pad (No. 36 - 6 - 5) finishes about five by six and one-half inches and is interlined with layers of wadding. Black bias-fold is stitched in with the edges, then felled down flat on the top, turning and mitering the corners neatly. Quilting lines with rather coarse white cotton are run down each side of the applied band and through a line of the black checks near each end. This makes a nice pad to use as a holder or under a hot dish.

The wall pocket for dusters (No. 36 - 6 - 6) finishes about fifteen inches in width and is seventeen inches deep exclusive of the loops at the top. One strip of the gingham forms the double pocket. It is held at the center with a strapping of the black bias-fold, then the fulness is laid in inverted plaits, so that it finishes flush with the edge. An applied band of the black bias finishes the edge on three sides and the top is hemmed. Loops are made of a double thickness of the bias-fold.



No. 36 - 6 - 6. A roomy wall pocket for dusters hangs by loops of the bias - fold

Patterns may be ordered from any Club-Raiser, or by mail, postpaid, from Home Arts — Needlecraft, Augusta, Maine, at prices listed on page 24

Continued from page 10

have a full rolling boil and then let boil exactly one minute by the clock. Remove, skim with metal spoon and ladle at once into sterilized glasses or jars leaving half an inch at the top. Cover hot jelly with hot paraffin one-eighth inch thick and when cool put on tin covers or pasted paper covers or the cellulose seals illustrated on page 19.

IT is not safe to double these amounts, but you get about seven medium glasses from such a recipe with the few minutes of boiling, and can repeat. Often a little lemon (two to four tablespoons) is liked and is added with the sugar. The addition to jams of chopped nuts and raisins gives a conserve.

"A Swift One" from Grape Juice

One of the very best products is made from bottled grape juice, for an out-of-season jelly that is second to none to accompany chicken or cold meats or to use for jelly cakes or tarts. Use the same procedure as above, adding to a pint of grape juice, one cup of water and one box of the powdered pectin with three and one-half cups of sugar. Excellent in flavor and color. Personally I think these Concord grape jellies surpass the vaunted currant jelly in flavor and when made from the bottled juice by the quick method it is simply a matter of an hour some evening, from start to finish. Wouldn't that make our great grandmothers blink, as much as turning on the radio?

One of the best old-fashioned conserves is made of rhubarb in this fashion:

Rhubarb Conserve

3 pints sliced rhubarb
8 cups sugar
½ pound seedless raisins
½ cup water
2 oranges, grated rind and juice
1 cup nuts (almonds walnuts or Brazil nuts, blanched and sliced)

Mix all ingredients except nuts and cook for twenty minutes. Add the nuts and cook for five minutes more. Seal carefully in sterilized jars as usual. Excellent with cold pork or fowl.

Canned strawberries call for special technique to hold color and prevent floating, but it is worth it to have them, as they are not too sweet for breakfast use with cereals and hot breads when preserves are less appropriate and also make a perfect finish for nursery luncheons and supper desserts for all.

Canned Strawberries with Color

To each two pounds (one quart) of strawberries, allow half a pound (about one cup) of sugar and one cup of strawberry juice.

Prepare the juice by crushing over-ripe berries and straining, or by boiling the small, ill shaped berries crushed, with a cup of water. Boil the sugar and juice together slowly for ten or fifteen minutes. Cook, add the whole perfect berries, and boil for ten minutes. Cover and let stand overnight. Then reheat to boiling and fill into sterilized jars to within one and one-half inches of the top. Process in hot water bath for five minutes. (Some do not reheat the fruit and process for fifteen minutes.) You will probably have juice left over to prepare the second quart of berries, or it may be used for fruit beverages.

Cherries also lose their color but are excellent canned and may be simply done by filling the sterilized jars with the washed, stemmed fruit, which is then covered with a hot medium syrup for sweet cherries and a heavy syrup for sour fruit. These are partly sealed and processed in a water bath for twenty-five minutes. Or, the pitted fruit is cooked for five minutes with sugar to taste, packed hot into sterilized jars and processed, half sealed, for five minutes. The seal is then completed, and read directions carefully for the type of jar you use as methods vary somewhat on this point.

You will remember that medium syrup is made with one cup sugar and two of water; thick syrup with one cup of each, and thin syrup with one cup sugar and three of water. All are brought to a boil, and always the use of part fruit juice instead of water adds greatly to quality as said before.

June Specialties for the Table

IT is the time to serve peas in great bowls, with butter and paprika and salt and perhaps cream. To eat peas fresh from the garden in a serious way, not merely a dab of them "on the side" to satisfy your conscience that you have had something green. To our mind they are best steamed, with a big handful of washed peapods and some outside leaves of lettuce to give a suave flavor to the sauce. These are removed, of course, when the peas are seasoned, but do not drain off the little water condensed from the steam, it will season the butter and cream added.

You can of course boil peas gently in as little water as possible, using a flat shallow open pan, and letting the water cook away, but this means careful watching. But do not boil them hard, in much water, with soda to keep the color, and

Cone uded on page 19

Cherries, sweet or sour, with stones or without, preserved, canned or in a jam, are a valuable winter asset to be used in many ways

No imitations for me... send me genuine KERR self-sealing caps"
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NO RUBBER RINGS the Kerr Lid is Self-Sealing.
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It's Easy to can corn, peas and beans at home now
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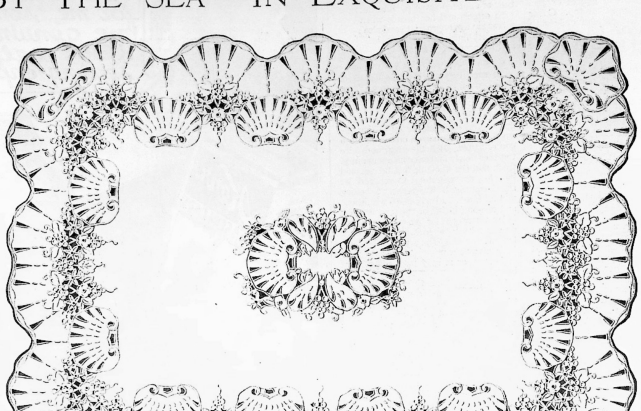
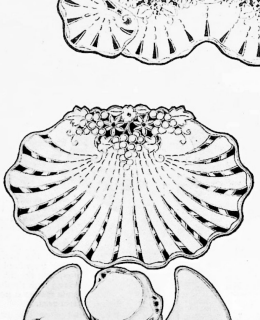
"BY THE SEA"—IN EXQUISITE CUTWORK





An interesting shell design makes an attractive border and center panel for tablecloth (No. 36 - 6 - 7). The three pieces for the buffet (No. 36 - 6 - 11) and the beverage set (No. 36 - 6 - 12) are in shell shapes. This is a delightfully clever and "different" idea in dining-room linens. A "find" for gift makers!

WE can imagine nothing lovelier and more "seasonable" for a summer embroidery project than this unique sea shell design appropriately adapted to a set of dining-room linens, and cutwork seems an especially happy choice for its development. Creamy-tone linen is the background material used for the tablecloth (No. 36 - 6 - 7), buffet set (No. 36 - 6 - 11), beverage set (No. 36 - 6 - 12) and matching pieces. The embroidery is done in white.

Satin stitch combines with buttonholing in the working of this design. All lines which are to be buttonholed should be run with two rows of short stitches, the second row filling in between the stitches of the first; then follows the buttonholing, making the stitches firm and even and bringing the needle out close to the ran-in thread. The sections which are to be done in satin stitch are first run with short stitches on the outlines, then the surface between is covered with filling stitches laid in opposite direction to that of the surface stitchery, which is usually across the width. Parallel rows of outline, picking up only a little of the linen each time with the needle, make a good filling.

Some planning should of course be done before the edge buttonholing is begun, to make sure that the first work is done in covering those lines that are broken or overlapped by other edges. Then the stitches on the overlapping edge may be taken directly into the ends of the broken lines, securing and strengthening and effectually concealing them.

Curved manicure scissors are a convenience for the cutting, slitting the sections to be removed and then working around the edge close to the back of the stitchery.

The fascinating fad of collecting sea shells suggested these lovely new linens for the dining room

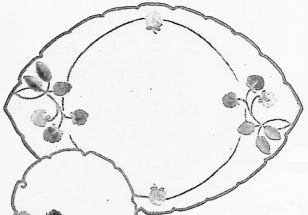
THE JUNIOR NEEDLECRAFTERS

An Embroidery Club for Girls

CONDUCTED BY CONSTANCE EVELYN

DEAR GIRLS: — Our page this month looks good enough to eat, doesn't it? what with wee baskets of tempting fruit on a darling set of hostess napkins, and wild strawberries that you can almost taste decorating as attractive and different a beverage or sherbet set as you will find in a long search. June is so full of roses, as a rule, that the fruit theme in decoration gets neglected. We did justice to the roses last month, so let's give the strawberries their due.

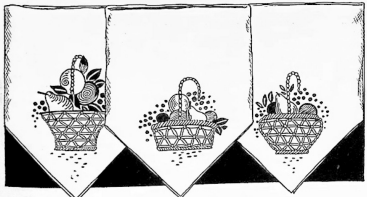
When I made my set (No. 36 - 6 - 13), which was photographed for you to see, I first buttonholed all the edges with two threads of green stranded floss over two padding threads of the same. Then I outlined all the stems and the inner border on the oval doily. Leaves followed, in tree stitch, though Cretan would be as pretty, and you have long since been told how to do both kinds. Little daisy stitches, three to the top of each berry, follow, and nothing is left but the berries. And they bring us to our stitch lesson.



No. 36 - 6 - 13. A wild strawberry hostess-set of white linen with fruit and leaves in natural color is easily made and irresistibly attractive. Berries are made in close wave stitch

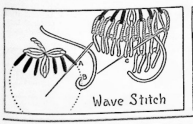
THIS wave stitch, which I selected for my berries, is very easy to do, and is useful for either fruit or flower forms when done closely or for backgrounds when made open. Our diagram, illustrat-

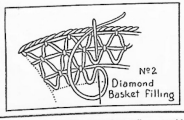
Concluded on page 22



No. 36 - 6 - 14. Hostess napkins with little fruit-basket motifs in their corners are acceptable accompaniments for No. 36 - 6 - 13, above

Baskets are in brown diamond basket filling and chain-stitch fruits are in natural colors, on white linen. Two napkins of each design make a full set





PETER JOINS THE LODGE

I'LL TELL THAT NEW NEIGHBOR TO KEEP HIS CHICKENS OUT OF OUR YARD, OR I'LL KILL EVERY LAST ONE OF 'EM!
OH, PETER, DON'T OFFEND THE JACKSONS—HE'S ON THE MEMBERSHIP COMMITTEE FOR THE LODGE... AND YOU'RE UP FOR MEMBERSHIP!
AW, GO AHEAD —KILL 'EM! —AND THROW 'EM IN THEIR FRONT DOOR!
MR. COFFEE-NERVES
WELL, I TOLD JACKSON A THING OR TWO! —BET HE KEEPS HIS LITTLE FEATHERED FRIENDS HOME AFTER THIS!
OH, PETER, YOU SHOULDN'T HAVE DONE THAT! NOW YOU'LL NEVER GET INTO THE LODGE!
TELL HER TO PIPE DOWN OR YOU'LL WRING THOSE CHICKENS' NECKS —AND JACKSON'S TOO!
MR. COFFEE-NERVES
PLEASE OVERLOOK PETER'S RUDENESS— HE'S SO IRRITABLE LATELY— HIS HEADACHES, AND HE CAN'T SLEEP!
I UNDERSTAND— MR. JACKSON HAD THAT TROUBLE ONCE— OUR DOCTOR CALLED IT COFFEE-NERVES— BUT SWITCHING TO POSTUM WORKED WONDERS!
LISTEN TO HER— EATING RIGHT OUT OF THAT WOMAN'S HAND!
BUT PETER... IT HELPED MR. JACKSON! —IT WON'T HURT YOU TO TRY POSTUM!
ALL RIGHT, I'LL TRY IT! —IF YOU'LL KEEP STILL ABOUT THOSE MEDDLING JACKSONS!
CURSES! I'M LICKED! POSTUM AND I CAN'T MIX!
30 DAYS LATER
WELL, PETER, HOW DO YOU LIKE THE LODGE, NOW THAT YOU'RE A MEMBER?
HE'S HAVING THE TIME OF HIS LIFE, MR. JACKSON! PETER GETS A THRILL OUT OF EVERYTHING SINCE HE SWITCHED TO POSTUM!
TAKE A TIP FROM ME..., IF YOU'VE GOT COFFEE-NERVES TRY POSTUM!

OF COURSE, children should never drink coffee. And the caffein in coffee disagrees with many grown-ups, too!

If you are bothered by headaches or indigestion, or can't sleep soundly, try Postum for 30 days. Postum contains no caffein. It is simply whole wheat and bran, roasted and slightly sweetened. Postum is easy to make, economical, delicious . . . and may prove a real help. A General Foods Product.

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SHREDDED WHEAT

Ask for the package showing the picture of Niagara Falls and the red "Be B. C. Stad"

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NATIONAL BISCUIT COMPANY

Beware of the Home!

BY JANE WISWELL

The switch beneath the window controls certain downstairs and yard lights for burglar protection

HAVE you ever stood on a chair, with a stack of books or a box placed on it, while you perilously took down the living-room draperies? Or perhaps you trustingly put your weight on a shaky card-table or a wobbly rocking-chair while you hung a picture? We have all been guilty of such folly at one time or another and may have escaped injury by sheer luck. But luck is inconsistent, and falls continue to head the list of home accidents, with more deaths resulting from them than any other single cause.

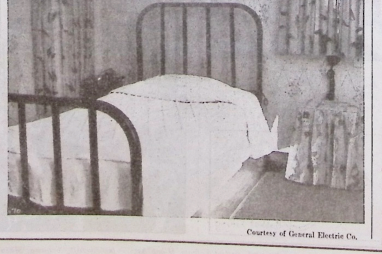
An analysis of accidents reported by four large hospitals in an eastern city revealed the surprising fact that the majority of home accidents due to falls occurred in the kitchen, on Saturday afternoons, to male members of the household. Obviously, it must also be part of the homemaker's job to see that her husband observes proper safety measures when doing the various odd jobs that are saved for the week-end. For just such emergencies, and they are likely to be numerous in the spring and fall when a well-managed house is being reordered, insist upon a strong, sturdy step-ladder as part of your "must have" equipment. Take the time to get the ladder and use it properly when you have any high reaching to do; securely lock down the cross brace so that the ladder will not collapse and, when standing on it, work toward the front of the ladder, never sidewise.

But one does not need to climb upon something to fall down. Many people, especially old people whose bones are brittle, have had serious falls because of carelessly waxed floors. Apply floor wax sparingly and polish it to a smooth, protective finish; too much wax not only is uneconomical, but produces dull, gummy areas that cannot be polished to hard, safe surfaces. An electric floor-polisher will do the hard work for you. Of course, if you wax your floors with the self-polishing wax, that requires no buffing nor rubbing; be sure to apply it according to the manufacturer's directions.

GOOD order, good system and good maintenance which, after all, simply mean "good housekeeping" automatically eliminate most home hazards. We as home-executives have thrust upon us the responsibility for home safety and, while much general constructive work along safety lines is being done both in relation to industry and to the home, to us falls the real work of cutting down the appalling number of home accidents. Although we regard our home as a haven of safety, this comforting idea is rudely dispelled by statisticians, who prove otherwise; their figures disclose the disturbing fact that home accidents take a death toll almost as high as that of the automobile! The report for 1935 reveals that 31,500 people in the United States were killed by mishaps in the home. A large percentage of children is involved in home accidents. Of 4,600,000 persons injured in non-fatal home accidents last year, 140,000 will go through life permanently crippled. And home accidents are increasing.

The saddest part about most accidents is that they could easily have been prevented. Remember that accidents do not happen, they are caused! And the cause is unsafe personal acts. Carefully check and correct hazardous conditions in your home, room by room, before you have an accident. The cost of medical attention, time and worry incident to

Continued on page 17



Courtesy of General Electric Co.

SANI-FLUSH is made on purpose to clean toilets. It carries away unsightly spots and stains. It removes ugly incrustations. And —more than that—Sani-Flush purifies the unseen trap that no other cleaning-method can reach.

Sani-Flush is sure-death to toilet odors and germs. Just sprinkle a little in the bowl. (Follow directions on the can.) Flush the toilet. That's the end of it. Porcelain glistens like new. Odors disappear. Dangerous germs are banished.

Sani-Flush saves you all unpleasant work. It is perfectly safe. *Sani-Flush is also effective for cleaning automobile radiators (directions on can).* Sold by grocery, drug, hardware, and five-and-ten-cent stores—25 and 10 cent sizes. The Hygienic Products Co., Canton, Ohio.

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CLEANS TOILET BOWLS WITHOUT SCOURING

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OLD KING COLE
IS A MERRY OLD SOUL
NOW THAT HE EATS ROAST BEEF . . .
HE HAS HIS TUMS
IF HEARTBURN COMES . . .
THEY GIVE HIM *QUICK RELIEF!*

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Without Heartburn . . . Gas . . . Sour Stomach

MAKE the test that has switched millions to Tums. Munch 3 or 4 of them after eating a meal of your favorite foods or when too much smoking, hasty eating, last night's party or some other cause has brought on acid indigestion, sour stomach, gas, belching or heartburn. See how food "taboos" vanish. You are not taking any harsh alkalies which physicians say may increase the tendency toward acid indigestion. Instead a wonderful antacid that dissolves only enough to correct stomach acid.

TUMS FOR THE TUMMY
TUMS
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TUMS ARE ANTACID - NOT A LAXATIVE
HANDY TO CARRY

FREE: Beautiful five-color 1936 Calendar-Thermometer. Also samples of Tums and full details of Tums Free Offer. Send 2-cent stamp, postage to A. H. Lewis Co., Dept. 36-L, St. Louis, Mo.

Continued from page 16

even a minor injury is out of all proportion to the cost of preventing the accident. How much better to replace the worn kitchen linoleum than to trip on a rent in it and sprain your ankle; or to risk cutting your hand on the jagged edge of a can that you open with an unsafe opener; or to put off installing a two-way switch on the basement stair until someone has had a bad fall.

Teaching the children to put away their toys is a lesson in safety as well as practice in establishing orderly habits; many injuries are caused by tripping over small toys. Rumpled, skidding rugs are dangerous. A peculiarly disordered look is given to a room when scatter rugs are askew and uneven, just as a picture does that has shifted slant-wise. For safety as well as neatness, securely anchor your rugs with one of the materials that are available for this purpose; you may have a type that fits like a thin mat under your scatter rugs, or you may coat the backs of your rugs with a liquid that forms an invisible rubber film. Rug pads will help make room-size rugs cling firmly and smoothly to the floor.

Many falls in the bathroom could be avoided by using a rubber mat in the tub and by installing a strong hand bar along the wall. Many of the new bathtubs have a bar to grasp for safety.

Linoleum in the kitchen is so easy to keep immaculate that falls due to a bit of spilled food or water should not be allowed to occur; as a safety habit, use a paper towel immediately to remove anything that is spilled. When the floor is washed wipe it thoroughly and stay off it until it is dry. Securely fasten turned-up edges, and replace worn linoleum. The comfort and safety of good linoleum that is carefully fitted and cemented to your floor is out of all proportion to its initial cost.

The hall and the stairs are often the scene of serious accidents, too, that may be prevented by maintaining good order. See that the stair carpet is in good repair and fastened securely, and avoid placing small, slithering rugs before the top and bottom steps. Basement and attic stairs are frequently hazardous because of the untidy array of brooms, mops, baskets, pails and toys that are allowed to collect there.

PROPER lighting plays a most important part in home safety. Electric light is inexpensive today, and it is our cheapest safety measure. Adequate switching facilities and properly located lighting fixtures will prevent many stairway falls. Surprisingly often, people fall from the lowest basement step because they think they are on the floor. This hazard is reduced by painting the lowest step white so that it will catch the eye. However, a light that can be easily switched on and off at both the top and bottom of the stairs is the safer method of protecting your family. You may have a switch equipped with a small pilot light that will remind you to turn out the basement lights when not in use.

Ordinary light that is quickly accessible in the bedroom is a protection against burglars. Special protection against marauders may be arranged so that merely by flipping a switch beside the bed, if aroused by strange noises in the middle of the night, you can illuminate the entire house and grounds. A dim light burning all night is advisable for old people, and the passageway from the sides of the bed to the doors should not be obstructed. Adequate lighting in the bathroom will avoid the danger of mistaking the wrong bottle of medicine at night. The disposition of the man of the house will be improved if lighting all around the bathroom mirror gives him complete safety against cuts during the morning shave. The electric light switch in the bathroom should be located at a point where one cannot reach it from the bathtub. If the light is turned on by a chain hanging from the light, it should be insulated by a length of cotton fabric.

Electric labor-saving devices are eliminating much of the drudgery connected with housework, and directly contribute much to the health, well-being and safety of the family. Estimates show that eighty-five million people in the United States now in some way come in contact with electric service. We are entering a period in which the use of electric appliances in the home will be more widespread than ever. These labor-saving devices are a great blessing and a mighty force in raising standards of living and creating comfortable, happy homes; but we must give them reasonable care and use them with intelligence. Reputable manufacturers of such household equipment spend much time and money to insure good service and safety to the housewife. Even though the cost may be slightly higher, purchase only those appliances that are made by reliable manufacturers, and use them according to directions.

Many youngsters are scalded this way
Immediately replace worn or frayed cords on your appliances
Teach children the danger of playing with fire

LAMP cords strung around the room, under rugs and between door jambs should never be used as substitutes for permanent and properly installed wiring. Outlets are inexpensive, and the homemaker who likes occasionally to change radically the furniture arrangement will welcome extra ones. If you must run a cord under the rug, purchase the flat type which is made for that particular purpose. A new idea in wiring provides an outlet every six inches in a metal strip that may be set above the baseboard or in a molding, and it may be painted to match the woodwork. Do not disconnect a lamp or an appliance by pulling the cord, since such handling will loosen the connections. Use the plugs that have an extended handle for ease and safety in connecting and disconnecting lamps and appliances. If you have oldfashioned open wall sockets, keep screw plugs in them; children have received burns and shocks (and even worse) by sticking their fingers or metal objects into the sockets. Never run lamp cord over radiators or steam pipes. Worn out and frayed cord should be immediately replaced. When buying cord, look for the label, "Underwriters' Laboratories, Insp. Cord," as a guarantee that it is safe and will wear longer. Hang your electric cords over thick round wooden pegs so that the in-

Concluded on page 58

Modern Kitchens
... by NESCO
Fashion dictates color ensembles
A NEW original idea—the NESCO KITCHEN ENSEMBLE. Practical, everyday kitchen utensils and equipment become ORNAMENTS—a prime requisite of interior decorating. Imagine—NESCO Enameled Cooking Utensils and Containers in matched sets—a lovely symphony creating new atmosphere in your kitchen.
SEND 50c for 75c VALUE
Two-Lipped, Triple-Coated 2¾-Pint Sauce Pan
Test in your kitchen the gold-striking, stain-fighting quality of the new NESCO Enameled Ware. Pours right or left. Quick-heating Flare Bottom. Send 50c for Sauce Pan and color-illustrated literature describing other NESCO household utilities.
NESCO Stainless Enameled Ware
New designs, perfect proportions, flare-bottomed for quick cooking and fuel saving. Spotless acid-resisting white, black trimmed with brilliant red knobs. Have all your kitchen things in the same color scheme. NESCO Products offer you this opportunity.
NESCO "Garden Girl" Japanned Ware
Rich and lustrous pure white Japanned surface with black trim and brilliant red knobs matching NESCO Enameled Ware. Rust and scratch proof. Nothing matches NESCO Enameled Ware and NESCO Kenseere Range. What's difference the new shapes make in the pantry? What joy to serve meals from such surroundings!
National Enameling and Stamping Co.
164 North Twelfth Street Milwaukee, Wisconsin
Nation-Wide NESCO Product Week—May 11 to 23
SPECIAL PRICES—See NESCO Dealer Windows

FREE BOOK
RAISE GIANT FROGS
We Buy What You Raise!
Start Backyard, life profit opportunity. Complete book 10c. Write today. Full Text Book. American Frog Canning Company, (Dept. 135-H) New Orleans, La.

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FREE! Knitting Book with every order. 250 Patterns
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YOU MAY
FORD V8 or CASH

Are you smart? Here's a puzzle that will test your wits. The Scrambled Letters below, when properly re-arranged, will spell the name of a Famous Movie Star.

Probably you know the names of most of the Famous Movie Stars, but just to refresh your memory we mention a few: Greta Garbo, Fredric March, Jean Crawford, Shirley Temple, Wallace Beery, Clark Gable, Jean Harlow, Dick Powell, Warner Baxter and Kay Francis.

These scrambled letters will spell the name of a Famous Movie Star when they are properly re-arranged. Start switching the letters around; see if you can figure it out. If your answer is correct, you will receive at once, *A LARGE SIZE PICTURE OF THIS FAMOUS MOVIE STAR, FREE!*—beautifully colored and suitable for framing—and the opportunity to win a FORD V-8 SEDAN or the cash. It makes no difference where you live, you can take part.

Be The Big Winner. First Prize Winner gets Ford V-8 Sedan; 2nd, $300 in Cash; 3rd, $200 in Cash; 4th, $100 in Cash; and many other Cash Prizes. Duplicate prizes in case of ties.

SEND NO MONEY! Just your answer to the Movie Scramble above. USE THE COUPON.
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Name.....
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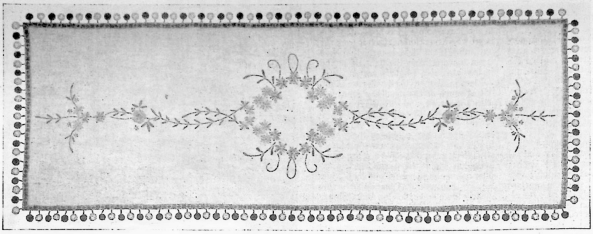
Send me the Free Picture

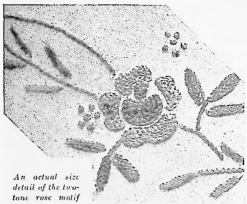


No. 36 - 6 - 15 A dresser scarf of fine cream linen to tone with the spread carries an adaptation of the bolster design. A small ball fringe in ecru and brown is an optional edge finish

No. 36 - 6 - 16 Roses and clematis spilling from a basket and dropping in nosegays all over a bedspread of fine unbleached cotton bring summer-time right to your bedroom

Roses and Clematis for Summer Bedrooms

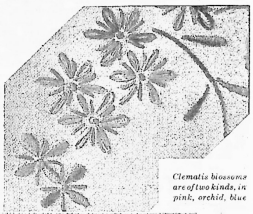
BY EVELINE JOHNSON AND CECILY PALMER



An actual size detail of the two-tone rose motif

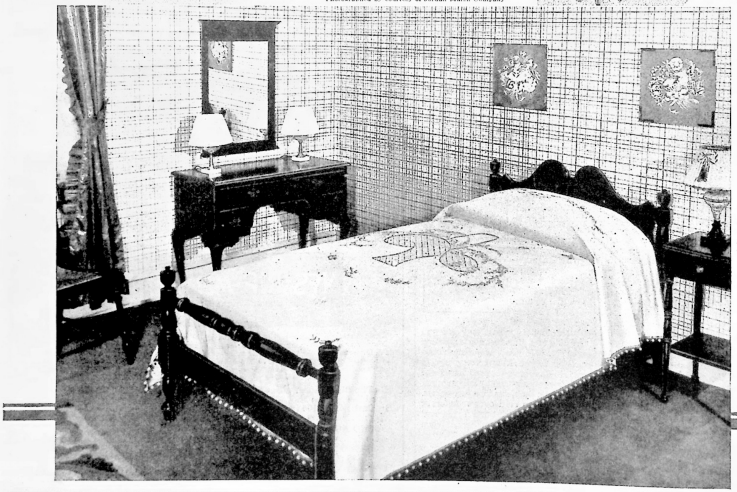
IT is difficult to ask or to expect any photograph to catch and adequately portray the delicate charm that belongs to a bedspread decorated with a tall brown basket (taller, indeed, than it appears) trailing feathery sprays of pink, blue and orchid clematis, interspersed with bright little pink roses and deep blue forget-me-nots. A wealth of green foliage and gay yellow flower-centers bring into play the entire range of pastel hues and make the spread (No. 36 - 6 - 16) and its accompanying scarf (No. 36 - 6 - 15) an ensemble to fit into any preferred color scheme.

The stitchery, clearly to be seen in the two photographed details, is as diversified as it is simple, and all except the three-thread daisy stitch is done with two threads of stranded floss. If the worker prefers, satin or close buttonhole stitch may replace chain stitch for the roses, and tree or satin stitch the Cretan stitch used for rose leaves, without too much loss of effect.



Clematis blossoms are of two kinds, in pink, orchid, blue

Photographed by courtesy of Jordan Marsh Company



See yourself *in a* Beautiful Modern Kitchen

with a new
Florence Oil Range

Now you can cook with oil and still have a kitchen that in beauty rivals anything you have ever seen. For Florence celebrates 64 years' experience with new Table Top and Console Oil Ranges. Styled and built for today *and* tomorrow, they bring you the convenience of gas, economy of oil. Finished in gleaming porcelain enamel, with rounded edges and corners—easily kept spotless.

New thrills in cooking! Five powerful wickless kerosene burners give clean heat, *focused* directly on the cooking. The extra large oven, fully insulated with rock wool, has porcelained linings, Fingertip Heat Control, and dependable thermometer. It can be quick and hot or mild and gentle.

Reliable Florence Dealers everywhere are showing Table Top models with paneled front, in white or ivory; Console models with closed or open front, in white, green and ivory, buff and ivory. See these and other models for every need and purse. Ask about the Florence Budget Plan. Send today for big booklet that illustrates Florence Oil Ranges. It contains new, practical recipes, and color suggestions on kitchen decoration.

New
Florence Oil Ranges

Florence Stove Co., Dept. N-6
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Please send free booklet to

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Also send folders on [ ] Gas Ranges [ ] Gasoline Ranges

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Concluded from page 18

serve them dry without any moisture to bring out their delicate flavor. What peas we have eaten in some of the best hotels; enough they were to make one hate vegetables forever. They were bright green, had kept their color, but that was all they did have. No relation at all to peas gently treated as above.

SUCH peas as these should be served in a saucer and eaten with a spoon — they are a delicious luncheon and supper dish, with bacon or an omelet, besides being a favorite with chicken and lamb. Some folks like to serve carrots with peas, and again they look well but to our mind detract from each other's flavor. Carrots are best of all raw, cut in thin strips and make a fine bowl of color and vitamins and flavorful crispness, served so with spring onions and radishes, celery when in season. This takes the place of salad for one meal; no dressing called for, they only need to be crisp and cold.

Some folks like a bit of mint with peas, or parsley, and the French fashion of cooking tiny white onions and peas together is good. Use only butter or cream; thickened white sauces for these fresh vegetables is taking trouble to spoil them; love's labor lost indeed.

Peas with Ham

FROM Italy comes the suggestion that peas be cooked in a covered saucepan or earthen casserole with a tablespoon of butter, three tablespoons of stock, and six thin strips of boiled ham to each pound of peas, seasoned when done with salt and pepper. They should simmer very slowly till tender and must be tightly covered to hold in the little moisture. If it gets too dry, add a little more stock and water. This would be a delightful savory compromise for a meat dish to be served with a jellied soup, a salad and dessert for a warmish day.

Cauliflower from Spain

Boil and drain the cauliflower as usual. Place in a casserole and sprinkle with three tablespoons of oil in which a small clove of chopped garlic (or a teaspoon of minced onion) has been fried to a golden yellow only, and then mixed with a tablespoon of vinegar (tarragon is best) or lemon juice, and a dash of cayenne. Let it simmer for a few minutes and serve.

Four Typical National Delicacies

FROM The Culinary Arts Press of Reading, Pa., come three neat booklets of some three hundred odd recipes each, representing New England, Southern and Pennsylvania Dutch cookery. These are put up in gaily decorated paper covers, and a few typical recipes are quoted to whet your appetite, and add a new touch to the June menus.

Dutch Jellied Veal Loaf

3 pounds veal	1 tablespoon butter
1 large onion, chopped	1 tablespoon gelatin
2 stalks celery, chopped	½ cup cold water
	Salt and pepper

Cut veal in pieces, add the onion, celery, butter and seasonings to taste. Cover with water and cook slowly till the veal is tender and the liquid amounts to about two cups. Soak the gelatin in the cold water for five minutes. Grind the veal, strain the stock and dissolve the gelatin in it. Add veal and mix well and jell in loaf pans. This is a prime dish to serve with salad and one hot vegetable for summer buffet luncheons or dinners.

THIS apple chutney sounds as though it would run a close second to the expensive imported chutney that is the thing to serve with curries or seafood newburgs, cold meats and fowl.

Dixie Apple Chutney

2 quarts apples, diced	Rind of 2 oranges, chopped
2 pounds sugar	½ cup strong vinegar
2 cups seeded raisins	½ teaspoon cloves
1 cup chopped pecans or walnuts	

Boil all ingredients till apples and nuts are tender. Place in sterile jars and seal. Process for five minutes.

Cap't Henry's Pickled Cherries

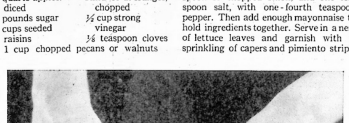
Pit cherries and put in a large crock. Cover with weak vinegar. Let stand eight days, stirring twice a day. On the ninth day strain and add a pint of sugar for each pint of fruit. Replace in crock and let stand for eight more days, stirring twice a day. At the end of that time transfer to sterilized crocks and seal.

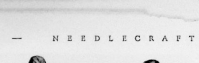
That certainly is a leisurely Southern recipe and perhaps you must wear a broad brimmed hat, sit on a broad veranda and stir the crock with a gold headed cane, to make it work. But they say these cherries are prime with poultry and meats.

FROM New England we pick this halibut salad, though other dishes are screaming from the page at us for attention. This is an ideal summer supper or luncheon dish with a hot bread and cold beverage.

Halibut Salad

Flake two and one-half cups of cold cooked halibut in large pieces. Mix well with a French dressing and chill thoroughly. Mix this marinated fish with a cucumber, peeled and cubed; one tablespoon of chopped onion, and one teaspoon salt, with one-fourth teaspoon pepper. Then add enough mayonnaise to hold ingredients together. Serve in a nest of lettuce leaves and garnish with a sprinkling of capers and pimiento strips.



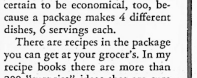


SURPRISES
improve the meal

BY MRS. KNOX

Every family loves meal-time surprises. Knox Sparkling Gelatine helps you plan surprises by combining with ordinary fruits and vegetables—and making *extraordinary* desserts and salads of them. The dish you make with Knox Gelatine is sure to be delicious—and nourishing and digestible as well. It is certain to be economical, too, because a package makes 4 different dishes, 6 servings each.

There are recipes in the package you can get at your grocer's. In my recipe books there are more than 200 "surprise" ideas that are sure to delight your family. The coupon brings them FREE.



STRAWBERRY SPONGE

(6 Servings—uses only ¼ package)

1 envelope Knox Sparkling Gelatine
½ cup cold water
½ cup hot water
1 cup sugar
¼ teaspoonful salt
1 cup strawberry juice and pulp
1 tablespoonful lemon juice
½ cup cream or evaporated milk, whipped
2 egg whites

Crush strawberries, add sugar, and allow to stand about half an hour. Pour cold water in bowl and sprinkle gelatine on top of water. Add salt and hot water and stir until dissolved. Add strawberry mixture and lemon juice. Cool, and when it begins to thicken, fold in whipped cream or whipped evaporated milk, and the stiffly beaten egg whites. Turn into glasses and chill. Serve garnished with berries. Or, serve on sponge cake with whole berries and whipped cream or whipped evaporated milk. Any fresh or canned fruit may be used. (With canned fruit, less sugar will be required.)

STRAWBERRY CHIFFON PIE. Turn Strawberry Sponge mixture into previously baked pastry shell, and chill. Just before serving garnish with whipped cream and strawberries.

KNOX
is the real
GELATINE

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KNOX GELATINE,
126 Knox Ave., Johnstown, N.Y.

Please send me FREE Mrs. Knox's book, "Desserts, Salads, Candies and Frozen Dishes" and her other famous book, "Food Economy".

Name .....

Address .....

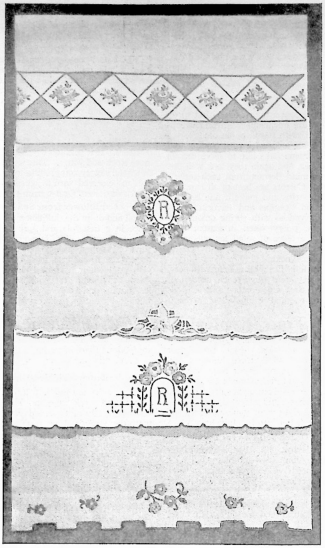
City ..... State .....

No. 36 - 6 - 17. First a blue linen huck towel, guest size, ornamented with a two-inch border above an inch hem. Alternate triangles are darned in a darker shade of the background color and the lines outlined with it. Nosegay flowers are rose and orchid. Three threads of stranded floss are used except for the darning, which is done with six. This towel is also nice in green and orchid

No. 36 - 6 - 18. Next below, ivory white towel with a flower medallion done in pink, blue, yellow and orchid. Both stemming and scalloped edge are green and the initial can match any one of the flower colors. Four threads of stranded floss are used throughout. Because of the varied coloring a towel of this character looks well in any bathroom. The shades are rather deep in tone

No. 36 - 6 - 19. Third in line, reading from the top downward, is a colored huck towel with a simple cutwork design done with white. This towel comes in orchid, blue or green. Both ends are finished with a buttonholed scallop connected with picot loops done over laid threads while the scallops are in process. This towel may be further ornamented with an initial or monogram

No. 36 - 6 - 20. Next a guest size towel of ivory white linen having edges scalloped with leaf green. A simulated arched gateway with trellis provides a frame for a satin-stitched line initial. Flowers are pink, blue, orchid and yellow. Arch and trellis are brown and the foliage matches the edge. Trellis lines are run in with six threads of the stranded floss. Three are used elsewhere

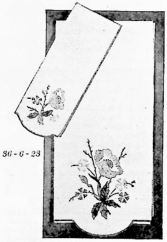


No. 36 - 6 - 21. At the bottom of the center panel is a towel of green huck ornamented with Brazwaix embroidery — chain stitch done in rows following the contour of leaves and flower petals. Centers are worked spirally from the outside in. Flowers are coral, blue and orchid and the edge matches the foliage. All the colors are rather deep in tone to contrast with the colored background

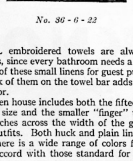
At the left below, a companion set of guest towel No. 36 - 6 - 22 and finger towel No. 36 - 6 - 23, both made of pale daffodil yellow linen decorated with a coral red poppy, blue cornflowers, green foliage and brown grasses, all done with three threads. The edge below the nosegay is buttonholed with blue and the back is hemmed. The larger part of the stitchery is buttonhole and outline

A similar set, No. 36 - 6 - 24 and No. 36 - 6 - 25, is made of orchid linen decorated with clusters of white daisies, pink clovers and brown grasses intermingled with the green foliage. The edge is buttonholed with white. Masses of lazy-daisy stitches form the clover heads and two such stitches, worked one inside the other, with a single stitch down the center, cover each daisy petal

A third set, No. 36 - 6 - 26 and No. 36 - 6 - 27, made of pink linen, is ornamented with stalks of blue and lavender hyacinths, each tiny floret buttonholed to leave an open center, and the leaves filled in with rows of outline stitch, all done with three threads of stranded floss. Two shades of color are used for each flower stalk and the edge is buttonholed with the darker shade of blue



No. 36 - 6 - 23



No. 36 - 6 - 22

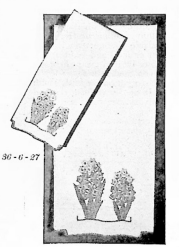
Colorful Towels

BY

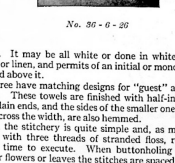
CHRISTINE FERRY

AND

E. MARION STEVENS



No. 36 - 6 - 27



No. 36 - 6 - 26

No. 36 - 6 - 25

No. 36 - 6 - 24

SMALL embroidered towels are always welcome gifts, since every bathroom needs a plentiful supply of these small linens for guest purposes, and a flock of them on the towel bar adds a very festive touch of color.

Every linen house includes both the fifteen by twenty-seven (cut) size and the smaller "finger" towel, usually cut nine inches across the width of the goods, in their trousseau outfits. Both huck and plain linen weaves are used and there is a wide range of colors from which to choose to accord with those standard for bathroom accessories.

With the single exception of the cutwork towel, all the designs illustrated have been planned for a combination of two or three contrasting colors in their development, making it possible to use them to contrast with backgrounds of different color — green, yellow, orchid or blue — or the smartly sophisticated black and white. They are all quite gay.

The cutwork towel is more restrained both in design and color. It may be all white or done in white on colored huck or linen, and permits of an initial or monogram being placed above it.

Three have matching designs for "guest" and "finger" sizes. These towels are finished with half-inch hems on the plain ends, and the sides of the smaller ones, which are cut across the width, are also hemmed.

All the stitchery is quite simple and, as much of it is done with three threads of stranded floss, requires but little time to execute. When buttonholing is used for either flowers or leaves the stitches are spaced just a little to show the background color between. Narrow leaves are satin-stitched diagonally from side to side.

Edges that are to be cut need to be done with particular care, so that they will not stretch when laundered. The single line should be run with short stitches in both directions before buttonholing, filling in the spaces between the stitches of the first row with those of the second. If the margin is not cut away until after pressing, edges will trim more neatly and have less tendency to fray.

Patterns may be ordered from any Club-Raiser, or by mail, postpaid, from Home Arts — Needlecraft, Augusta, Maine, at prices listed on page 24

Carefree Feet— Are "Cared-for Feet"

BY DIANA TRENT

Eleanor Powell, the charming M. G. M. star whose twinkling feet have danced her well on the road to success as well as into the hearts of the American public

ALL of us give time and thought, however cursory, to the care of hands, hair and face, but for some reason or other, outside of the fact that we must have shoes and stockings, we give very little thought to the care of those lower extremities which walk countless miles in the course of a year and permit us to carry out an endless number of interesting activities. Of course, if you are one of the ones — and there are many — whose feet swell and burn during the hot weather, you can't ignore your feet. If you have corns, bunions, fallen arches or other foot troubles, you make some effort to relieve the aches and pains; but all too often even these foot ailments only mean to their owners an irritable disposition and something about which to grumble and groan. Why it is that people with foot ills suffer year in and year out instead of doing something about it, is more than I can see. So many things can be done which will make the world a brighter place to live in.

SHOES and stockings, of course, are the first consideration. Stockings that are too short will cramp the toes and eventually lead to really serious foot ailments, so by all means be sure that the foot part is long enough to allow plenty of room for the toes to move about. Shoes that fit are an absolute necessity — and thank heavens the days have long since passed when women tried to squeeze their feet into shoes a size or more too small just for appearance's sake. A well-fitted shoe is far more flattering to the foot than the smallest shoe you could possibly squeeze into.

If you have normal feet and are in doubt about your size, go to any reliable store and have your feet measured both as to width and length — and be sure to have both of them measured. Often there is a slight difference in the size of the feet which may *make* the difference between shoes that pinch and shoes that don't pinch. Many stores even take a kind of X-ray of the foot so that you can see for yourself what size shoe you should have, completely eliminating all guesswork.

The shoe manufacturers themselves have been doing an enormous amount of research work, developing new machinery, new methods of manufacture, to give us shoes that fit so perfectly you can forget about your feet once you've put them on. One manufacturer has developed a special inner-sole which acts as an invisible arch support. Another gives you any variety of last you can need with a corresponding variety of heels — I don't mean high or low heels, but heel "fits." A third offers a patented sole which holds the foot in place, preventing the slipping which often causes foot irritation. A fourth has developed a shock-absorber sole filled with hundreds of air spaces to prevent jarring every time the foot hits the pavement. A fifth presents a shoe which is said to conform to the bones as well as the outer contour of the foot, thus giving complete foot ease. And a sixth has developed a process which, it is claimed, breaks the shoe in before you even wear it!

If your feet are deformed in any way, with bunions, fallen arches, flat feet or hammer toes — to mention just a few — buy shoes scientifically made and fitted to alleviate such deformities. In the Vanity Box you will find the names of shoe manufacturers who specialize in just such foot problems. And except in extreme cases you will find that the shoe styles are simple and smart.

We are told that only seventy percent

Concluded on page 23

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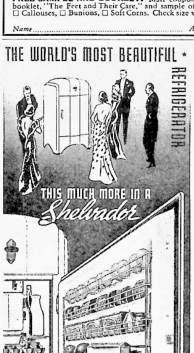

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* MEATS FOR INSTANCE! TRY PORK AND RICE DINNER PAGE 48

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SPECIAL SAMPLE OFFER

The Junior Needlecrafters

Concluded from page 15

ing the way the berries are handled, shows the work done not too closely just to show you the way the stitches are made. It should only be much closer, so that no ground fabric shows beneath the stitches. When open wave stitch is used, it should be much more open than in the diagram, as you can readily see.

Wave stitch is a grand shading stitch, starting with the darkest shade at the top and working toward the lightest shade as you go down with each subsequent row. Shaded floss — I used red — gives excellent results. The effect of close wave stitch is rather like that secured by long-and-short stitch, much used for silk embroidery some years ago, and perhaps the most widely used form of embroidery for naturalistic effects and shading.

To do wave stitch, of either kind, begin with a row of single or satin stitches made in an even band across the space to be filled, working from left to right. Remember that in close wave stitch these satin stitches should all be made, while in open wave stitch they should be spaced at regular intervals, at something like a quarter-inch or more apart, because here they are a background filling and not a covering. These satin stitches complete the first row. (I divided my berry into three equal parts or bands, and made three rows of stitches, one of satin and two of wave, to each one of them.) For the first row of wave stitch, then, bring your needle out at "1" on the diagram, which is the bottom end of the stitch you are about to make. Carry the needle up to "A," the bottom of the last satin stitch, pass it under the stitch without picking up any of the fabric, and bring it down to the bottom of the supposed band which is to make your second row of stitches. Pick up a very little of the material here (look at the thread coming out of the fabric in the second part of the diagram, and you will see what I mean), send the needle back and slip it under the second satin stitch. If these satin stitches are so close together that it is going to be inconvenient to pick up the very next stitch, you may only take about every other one as you go across the berry. Start the third row from the opposite side and work back, passing the needle for this and all remaining rows under two stitches of preceding "waves," as shown in "C" of the diagram. Work back and forth in this way till the berry is filled. You will find the stitch increasingly easy to do, and I shall be much disappointed in you if you don't use it often, once you have mastered it!

Should you be puzzled as to what to do in the first wave row when you come to the daisy stitch, may I say that you are to consider the daisy stitch up as a satin stitch and act accordingly?

AND now it is time for an explanation and an apology. The artist and I misunderstood each other last month, and the diamond filling stitch which I described to you and which was used for the basket purse, was not the stitch diagram pictured. So, if you will please put together the diamond stitch filling diagram shown in May, with the following directions for making it, you will have one kind of diamond filling stitch. To make it, lay long stitches diagonally across the space to be filled, from left to right, spacing them evenly, then repeat in the opposite direction to form the diamonds. Secure the intersections of these diamond-shaped stitches with rows of backstitching, one stitch taken over each pair of threads where they cross. These backstitches may be the same color as the long stitches, or they may be in another shade or even another color.

The diagram which should have accompanied the diamond filling explained in May, and which is used for the little baskets on the napkins (No. 36 - 6 - 14), is quite another kind of diamond filling. It looks more complicated, but is really easy to do, and while I haven't room to repeat the instructions, except to summarize them, if you will clip those instructions in full to the diagram, you will have a second kind of diamond filling, made by laying long horizontal stitches from side to side of the space to be filled and catching them down with coral or snail trail stitches made with loops between. First you lay a long stitch from right to left, then work coral stitches at equal distances across it from left to right, leaving a loop between, following this at the end of the row with another long stitch and more coral stitches, which in this and all succeeding rows are taken over both long stitch and loop. Last month's directions went into this very thoroughly, and reviewed coral stitch, which is used in "reverse" at all but the end of each row. With the right diagram and those complete instructions, I'm sure you will have no trouble at all in mastering the stitch. I am more than sorry the error occurred, but the magazine had gone to press when I discovered it, and it was just too late to do anything about it, as you may suppose.

Now, until July,

Needlecraftily yours,
Constance Evelyn.

OLD LACE

BY MARGARET ASHMUN

Each thread is delicate as thought,
Each leaf and tendril finely wrought
As flowers woven, frosty-white,
On windows, in a winter's night.
Too ancient and too frail they seem
To hold so long an artist's dream
Of beauty. For a hundred years,
Defying Time's relentless shears,
This patterned loveliness has run
Its cherished course beneath the sun;
From maid and matron handed down
To deck sweet Celia's bridal gown,
And find a smooth and silken rest
Upon her shy ecstatic breast.

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Carefree Feet

Concluded from page 21

of the people in this country have really normal feet — and even many of the seventy percent suffer from foot-burn, swelling, poor circulation, corns and calluses. Relief for these minor ailments can often be obtained by home treatment.

CLEANLINESS, of course, is the first essential for feet that would go gaily through their appointed tasks. The daily bath is all important and a little extra attention to the feet may save many an ache and pain. Be sure to dry the feet thoroughly, especially between the toes. Use a good foot powder and shake it on liberally before you pull on your hose. It will help to deodorize and to absorb perspiration, a saving on both feet and stockings. A foot cream used before the powder will relieve burning feet and keep them cool and comfortable throughout the day, and a weekly foot treatment will do wonders in keeping the feet in normal, healthy condition.

Give Yourself a Weekly Foot Treatment. Once a week take half an hour to devote entirely to the care of the feet. Before writing this article I consulted a well-known foot specialist, a doctor who has made a life-time study of feet and makes preparations of all kinds for normal feet as well as every known foot trouble. I asked him what he would recommend for a weekly treatment and this is what he told me.

Soak the feet in hot water for five minutes. Then bathe them with a regular foot soap. Work up a thick lather and knead it into the feet. Not only will it stimulate the circulation, but it will also open the pores and thus help to eliminate the poisons of perspiration which are the cause of unpleasant foot odors. Rinse first in hot water, then in cold. Dry with a rough towel, giving careful attention to the spaces between the toes. Trim the toenails, using a regular nail nipper and cut *straight across*. Leave the nail long enough to protect the end of the toe from pressure and irritation, and don't cut the corners back deep or make the nail too short. The nail is supposed to be a protection to the toes, and nails cut too short will often cause ingrown toenails. Smooth each nail with an emery board so that they won't "pull" on your stockings.

Massage the feet with a good foot cream or balm. Place a little of the cream between the palms of the hands and rub over the palms and fingers and massage as follows:

Place the hands on the foot near the toes so that the fingers of the left hand grasp the sole firmly and the fingers of the right hand lie along the top of the foot. Then with a strong pull draw both hands upward over the ankle and lower leg. Repeat half a dozen times on each foot.

Knead the sole of the foot and legs by grasping the flesh firmly, rolling and relaxing. Repeat half a dozen times on each foot.

Using small, circular motions knead the top of the foot and ankles by gripping the flesh between thumbs and fingers, gripping and relaxing in a rolling, circular movement. Repeat six times.

Starting at the base of each toe, grasp between thumb and finger and work along to the tip with a vigorous twisting, rubbing movement in spiral fashion. Then hold the end of each toe and shake up and down vigorously. This is particularly helpful in loosening the taut muscles of the toes. Finish by smoothing firmly from the tip upward to the base as if you were pulling on a glove.

Now smooth on a pedicreme to keep the feet and legs soft and smooth, much as you would use a foundation cream on your face. Finish by dusting with a foot powder which will help to absorb perspiration and keep the feet cool and comfortable throughout the day.

Common Foot Blemishes and How to Relieve Them. Burning, swollen feet are a common occurrence as soon as the hot weather comes along. A weekly treatment such as described above will do wonders in relieving this summer foot trouble, and the daily use of a foot soap with a pedicreme and foot powder will help even more. Besides those preparations mentioned above — there is a foot powder which can be shaken into the shoe to relieve burning through the day. There is also a preparation something like the good oldfashioned camphor ice in character which has a delightfully cooling effect on the feet. Another preparation ordinarily recommended to relieve cold congestions has been used for this same purpose with excellent results.

For corns and calluses, of course, we have all sorts and kinds of remedies. And let me say right here that the oldfashioned razor method is a very risky one. It often leads to blood poisoning. In treating your feet, buy standard preparations made by reliable manufacturers who have spent years in studying and developing preparations for this specific purpose.

One corn plaster made by a firm with a splendid line of foot preparations is medicated to ease the pain in no time at all, and used according to directions, will eventually so loosen the corn that it may be easily removed. This concern makes every variety of foot pads and plasters, as well as an excellent foot cream, soap and powder. There is also a soap that is used in a jelly-like consistency. You soak your feet in it for about fifteen minutes while it soothes away the burn from tender, aching feet.

For those who go in for tennis or golf, or who just naturally have weak ankles, at least two concerns make all kinds of braces for both ankles and arches to supply the support which the muscles and tendons are too weak to supply of themselves. These are made of elastic webbing scientifically designed to support without binding. And talking of golf and tennis brings to mind that painful irritation which usually forms between the toes and has come to be known as athlete's foot. For this ailment an antiseptic is essential.

The Vanity Box this month is packed with information which will help to make this summer a carefree one for you if your feet are the kind which have caused many a pleasant time to turn out a failure. If you really want "carefree" feet — there's only one way to be sure of them and that is to take the same care of them you would of your complexion. Happy feet to you — for happy feet will take you through a glorious summer, unhappy feet will spoil the gayest picnic and the most glamorous moonlight dance.

If you would like a copy of the June Vanity Box containing the names of the cosmetics described in this month's article and many others which Miss Trent recommends, send your request with a three-cent stamp to Dixon Trent, Home Arts — Needlecraft, 420 Lexington Ave., New York, N. Y.

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No. 36–6–23. Finger Towel (Poppy and Cornflowers). Perforated stamping-pattern, 15 cents. Stamped on 8½-by-16-inch yellow linen, 25 cents. Floss to embroider, 13 cents

No. 36–6–24. Guest Towel (Daisies and Clover). Perforated stamping-pattern, 15 cents. Stamped on 17-by-27-inch orchid linen, 65 cents. Floss to embroider, 18 cents

No. 36–6–25. Finger Towel (Daisies and Clover). Perforated stamping-pattern, 15 cents. Stamped on 8½-by-16-inch orchid linen, 25 cents. Floss to embroider, 13 cents

No. 36–6–26. Guest Towel (Hyacinths). Perforated stamping-pattern, 15 cents. Stamped on 17-by-27-inch pink linen, 65 cents. Floss to embroider, 13 cents

No. 36–6–27. Finger Towel (Hyacinths). Perforated stamping-pattern, 15 cents. Stamped on 8½-by-16-inch pink linen, 25 cents. Floss to embroider, 13 cents

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Beware of the Home!

Concluded from page 17

sulation will not be chafed nor the wire kinked.

For safety and convenience, do not connect your appliances, such as your toaster, waffle iron, food mixer, washer, or ironer to a lamp socket; provide suitable service outlets. Make it a habit to disconnect all appliances immediately after using them. Choose an electric iron that has a well-designed stand or heel rest to protect your ironing pad and to prevent a fire if you forget to turn off the current.

An electric fan should have a guard of heavy gauge wire over the metal blades as a protection against accidents. Always disconnect the fan before dusting. A new fan on the market has flexible blades of tough, molded rubber that, while rigid enough to deliver a steady current of air, are said to be sufficiently soft to prevent injury to even a child's busy fingers.

The bedroom is the place to use such electric appliances as the curling iron and vibrator, and not the bathroom, because of the danger of shock if the cord or appliance becomes wet. Electric heaters in the bathroom should be of the stationary type, permanently connected to the wiring, with the frame and metal parts grounded. Laundry equipment also demands reasonable care for safety and service. Keep the floor dry and never turn off the switch with wet hands. Insist that the wringer on your washing machine be equipped with a release which works easily and quickly.

THE kitchen has the dubious reputation of being the most dangerous room in the house. Here falls, burns, cuts, scratches and various other kinds of accidents take place. Think of safety when purchasing kitchen equipment such as can openers, cutlery and cooking utensils. Poorly made or worn out tools are dangerous economy in the kitchen. Pans that have firm handles which one can grip securely will save many painful burns. Turn in the handles of pans that are on the stove, so that a child cannot grasp them or an adult inadvertently brush against them. Glassware which one may purchase with the guarantee that it will not chip nor become nicked on the rim is a safety idea that appeals to the homemaker also from the economy angle.

Inspect your closets on your safety tour of the house. Cloths saturated with oily cleaning and polishing preparations should be burned after use because they may ignite spontaneously if stored in closets or cupboards.

Many homemakers in sections where gas or electricity is not available are finding the new kerosene ranges eminently satisfactory and convenient. Here, too, in the interests of safety and good service, it is advisable to observe the manufacturer's directions as to the care and management of the range. Purchase a good grade of kerosene and have the can plainly labeled to avoid the possibility of confusing the contents with gasoline.

Gas cocks that cannot easily be turned on by a small child are increasingly available on gas ranges. Do you know that correctly to light the oven of your gas stove you should first open all the oven doors wide, light a match, open the valve, and then apply the lighted match to the burner? Flexible gas tube connections have no place except for temporary use. Worn or defective flexible tubing on gas appliances is dangerous; buy such equipment from a reliable dealer only. Solid grids should not be installed on gas ranges which were designed for open grids. Don't interfere with proper combustion by placing a cover on top of a stove that is not designed for it; solid top gas ranges should be built at the factory.

All safety authorities unite in warning the housewife against cleaning with gasoline, benzine and naphtha in the home; many tragic accidents have occurred because the housewife forgot the pilot light on the stove or did not know that silk rubbed against silk or wool can cause an electric spark. Dry cleaning at home is foolish economy because the attendant risk of fire and explosion is too great. For spot and stain removal, only a non-flammable fluid should be used. When using this type of cleaner, do the cleaning either out of doors or in a well-ventilated room, since the fumes from such solvents are toxic when inhaled in large amounts.

ACCIDENTS have a way of pouncing upon us the moment we are off guard. When they do, we homemakers should be prepared to cope with them, as our young sons who are Scouts, or our daughters who are Campfire Girls. A first-aid kit is inexpensive and ought to be instantly available in every household, especially where there are active, lively children. Prompt attention to a slight scratch may prevent serious infection, while knowing what to do before the doctor arrives may save a life.

Another comforting assurance is to have accident and health insurance. The clear-headed head of the family has long recognized that he cannot afford to be without this protection for his family's sake; but just recently have we awakened to the compelling need of accident and health insurance for the homemaker as well. When she is injured or disabled, the cogs of the household machinery in the average home are clogged, and everything is chaos. An accident or illness, however serious, is infinitely easier to face when one knows that the insurance company will pay the doctor and hospital bills.

Concluded from page 8

abounds for collars, ruffs and frills. Many white collars are finished simply with a corsage of garden flowers at the throat; these prove great aids to individuality and becomingness. Be a little daring in the choice of your accessories and make every dress so that it can play a half dozen parts in your wardrobe.

For a few construction hints: Stay your skirt plaits at the top so they will hold to place. Use two and one half to three inch hems, and put them in securely. Where there are shirrings, use two or three rows to accent them. Buy at least one hookless fastener and find out how practical it is in a placket. You will become a convert to them without fail. When your skirt calls for plaits, lay them out on the ironing board, pin and press so that the edges are true and the lines straight. Make your sleeves to order, so that they are becoming to you and look comfortable; avoid contrasting cuffs if your arms are short.

Let your shoes and hats add or subtract from height. Shoe heels of every height are being worn, and hats of varying height crowns. So look yourself over from tip to toe and resolve to be a little gay, a little different, and a little individual, and let the fashions serve in making a *lovelier you* than ever before.

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The Piece Bag

A BANQUET FOR MOTHERS as planned by a junior group of girls was a lovely gesture that those girls will certainly want to copy, particularly if the group is a sizable one. The large table, spread with snowy white, had as its centerpiece a group of large flat bowls, or pans, which became holders for the flowers which formed it. The center bowl held rosebuds with stems long enough to lift them above the rest of the flowers which were arranged in rows around the roses to give the whole the appearance of a huge oldfashioned nosegay, even to the paper frills along the outer edge. Small paper doilies given a twist at their centers to ruffle them, hid the edges of the flower bowls. A huge double bow of silver ribbon was arranged under the bowls, and the ribbon ends extended nearly to the edge of the table, where they were caught under short silver candlesticks with tall pink tapers. Place cards were decorated with water-color nosegays, and programs were made of drawing paper, cut into five-inch rounds and scalloped and pricked to resemble nosegay frills. In the center of each was painted in water color a gay bouquet of roses, violets and the like, with plenty of green foliage. Favors for the mother-guests were small potted plants, each pot wrapped in frilled pink crepe-paper and tied with a bow of silver ribbon.

Program and menu were printed on rounds of white paper and tied into the covers with pink ribbon. The first page bore this quotation: "Youth fades; love droops; the leaves of friendship fall; a mother's secret hope outlives them all." The second page contained the program of toasts, music and special features with the names of those taking part, and the third leaflet gave the menu: grapefruit cocktail, chicken supreme with mashed potatoes and string beans, combination salad, hot buttered rolls, individual cocoanut cakes, ice cream and coffee.

Each mother had been asked to bring a baby picture of her daughter, and each girl had been requested to bring one of her mother as a young lady. These were thrown on an improvised screen and caused much merriment, as you may imagine.

MORE than once I have been asked how to announce a secret marriage. Here is a novel method one such bride used. She invited her friends to a party, and following games and refreshments, an older friend who had been helping with the affair, came into the room reading the evening paper. In it she found a number of clever fake news items about the guests present. On the society page she discovered an account of the party, and then a description of the wedding of their hostess. Since the newly-weds were living not far from the bride's old home, the entire party trooped over to inspect the new quarters. At an evening party, the host might have invited the men friends and husbands of his wife's guests to assemble at the new home where the affair would become a housewarming upon the arrival of the ladies. Refreshments could be served at the new home instead of at the bride's old one, and might well be a more substantial repast than the sandwiches and ices the ladies would probably receive at an afternoon affair.

CHILDREN'S PARTY NOTIONS—Try an "Elephant Hunt" when you have a group of little people to entertain. Prepare a box with a hole in the cover just large enough for a small hand to enter and emerge with its spoil. Put a goodly supply of animal crackers in the box and place it on a table. Provide each child with a small paper bag.

Organize your "safari," in other words, line up the children in a row ready to march by the box. If someone plays a nice jungly marching tune on the piano it is more fun.

The object of this "hunt" is to acquire as many elephants as possible. As each child marches by the box he reaches in the hole and draws out a cracker, putting it into his paper bag. Round and round they march until each child has ten or a dozen animals. When anyone draws an elephant he shouts, "Game!" When the music stops, everyone counts the number of elephants "bagged" and a jolly elephant toy or story book is awarded to the one having the most "game."

If the children are old enough to tell stories, have each one sort out the animals they have "bagged" and then tell a story about the animal of which they have the largest number.

This stunt can be used with slight variations as a nonsense game at an adult party. Call it a "Big Game Hunt" and give prizes for "bagging" the largest number of elephants, lions and tigers. Make those who draw the largest number of the gentler domestic animals pay a forfeit by telling tall tales of their hunting exploits.

Sometimes it is necessary to give a group of children the same gift or the same thing for a party favor. To make this giving seem more fun and of more interest to the youngsters wrap each gift separately. Use packing boxes of widely varying shapes and sizes and different types of wrapping. Pile the gifts in a basket or box gaily decorated with crepe paper. Let the children march by the "grab-bag" and choose any package they wish as they pass. Tell them that no one must open his package until a given signal. The laughter starts when they begin to discover that each one has received the same gift even though each one has secretly tried to choose the largest or the most elegantly wrapped parcel in the "grab."

TILELESS TILE FLOORS for the sun-room or porch are easily had, says the clever lady who made one. Mark your floor into "tiles" of the desired shape and size and paint with odds and ends of left-over paint you have accumulated. You can easily work out sizes and color arrangements with the children's crayons. For brick floors, use dull red paint and line with white when quite dry.

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8. **Golden Ophelia — Golden yellow**
9. **Snow Flake — Pure white**
10. **Kaiserin Augusta Victoria — White with shadings of yellow**

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